MAY 2024



Behavioral Health

FOLLOW-UP CARE FOR CHILDREN PRESCRIBED ADHD MEDICATION

It is important that children prescribed medication for ADHD be monitored appropriately. Members between the ages of 6-12, with a new prescription for an ADHD medication should have:

- At least <u>one</u> follow-up visit, with a practitioner with prescribing authority, during the first 30 days after initial prescription 2022 Rate: 47.08% 2023 Rate 48.04% Current Rate: 41.22%
- At least <u>two</u> follow-up visits within 270 days after the end of the initial phase. One of these visits may be a telephone call.
 2022 Rate: 58.07%
 2023 Rate: 55.43%
 Current Rate: 51.71%

How to Improve HEDIS Scores

- When prescribing a new medication to your patient, schedule follow up visit within 30 days of initial prescription at the time of prescription to assess how the medication is working.
- Schedule two more visits within the next nine months after the first 30 days to monitor progress.
- Use a phone visit for one of the visits after the first 30 days. This may help you and your patients if getting to an office visit is difficult (codes: 98966-98968, 99441-99442).
- NEVER continue these controlled substances without at least two visits per year to evaluate a child's progress. If nothing else, you need to monitor the child's growth to make sure he or she is on the correct dosage.

FOLLOW-UP AFTER HOSPITALIZATION/ED Visit FOR MENTAL ILLNESS

This measure is defined as members 6 years of age and older who were hospitalized for treatment of selected mental health disorders or intentional self-harm diagnosis who had a follow up visit with a mental health provider **within 7-30 days** after discharge.

How to Improve HEDIS Scores

- Become knowledgeable about the measure and the clinical practice guidelines
- Use Telehealth visit for follow up. This may help you and your patients if getting into the office is difficult
- Try to schedule the follow-up appointment before the patient leaves the hospital
- Use plan case managers or care coordinators to set up appointment
- Ensure accurate discharge dates and document not only appointments scheduled, but appointments kept. Visits must be with a mental health practitioner.

Coding Questions? For coding details on these and all HEDIS measures, please see the McLaren Health Plan HEDIS Quality Toolkit at: <u>https://www.mclarenhealthplan.org/mclarenhealth-plan/hedis-information</u>

Thank you for the quality care you deliver!

PCP Feedback (Please print) PCP Name/Office Name	Comments, requests, questions, etc.: FAX to (810) 600-7985
Name Email	Phone